

**Eagle Grove High School  
Breakfast & Lunch Menu - March 2019**

Salad Bar and Chef Salads offered daily for grades 5-12. Milk served daily for Breakfast and Lunch  
TK-4 Lunch \$2.55 Breakfast \$1.50  
5-12 Lunch \$2.70 Breakfast \$1.50

**Menu Subject to Change**

The school district uses a computerized DEBIT SYSTEM, *meals must be paid in advance*. Please make regular deposits to your family account. Online payments are available through the Eagle Grove Schools website at eagle-grove.k12.ia.us. Click on the Infinite Campus tab; then parent portal. You will need to enter a username and password. If you need help with access to the parent portal, please contact any of our school offices.

This institution is an equal opportunity provider and employer.

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

				<b>1</b> <b>Breakfast:</b> Breakfast Pizza, Fruit, Juice <b>Lunch:</b> Deli Sandwich, Pickle Spears, Chips, Apple
<b>4</b> <b>Breakfast:</b> Cereal or Oatmeal, Toast, Fruit, Juice <b>Lunch:</b> Hamburger on WG Bun, Potato Wedges, Salad, Orange Wedges, Cookie	<b>5</b> <b>Breakfast:</b> French Toast Sticks, Smokies, Fruit, Juice <b>Lunch:</b> Super Nachos, Lettuce/Cheese/Tomato, Refried Beans, Guacamole, Pears	<b>6</b> <b>Breakfast:</b> Biscuits & Gravy, Fruit, Juice <b>Lunch:</b> Fish Sandwich, Coleslaw, Pineapple, Potato Wedges	<b>7</b> <b>Breakfast:</b> Cereal or Oatmeal, Poptart, Fruit, Juice <b>Lunch:</b> Chicken Nuggets, Mashed Potatoes, Corn, Peaches, Cottage Cheese	<b>8</b> <b>Breakfast:</b> Breakfast Sandwich, Fruit, Juice <b>Lunch:</b> Fish Sticks, Mac & Cheese, Peas, Applesauce, Chocolate Cake
<b>11</b> <b>Breakfast:</b> Cereal or Oatmeal, Bagel, Fruit, Juice <b>Lunch:</b> BBQ Pork on WG Bun, French Fries, Salad, Oranges	<b>12</b> <b>Breakfast:</b> Sausage/Pancake on a stick, Hashbrown Patty, Fruit, Juice <b>Lunch:</b> Chicken Fajitas, Lettuce/Cheese/Tomato, Refried Beans, Guacamole, Cantaloupe	<b>13</b> <b>Breakfast:</b> Biscuits & Gravy, Fruit, Juice <b>Lunch:</b> Turkey Bacon Wrap w/BBQ Ranch Sauce, Lettuce Salad, Apple	<b>14</b> <b>Breakfast:</b> Cereal or Oatmeal, Muffin, Fruit, Juice <b>Lunch:</b> Meatball Sub, Hashbrown Patty, Carrot/Celery Sticks, Cantaloupe	<b>15</b> <b>Breakfast:</b> Breakfast Pizza, Fruit, Juice <b>Lunch:</b> Pizza, Salad, Pears, Juice, Chocolate Chip Cookie
<b>18</b> <b>Breakfast:</b> Cereal or Oatmeal, Toast, Fruit, Juice <b>Lunch:</b> Hot Dog or cheddar Dog, Baked Beans, Pears, Chips, Chocolate Pudding	<b>19</b> <b>Breakfast:</b> Pancakes, Sausage Links, Fruit, Juice <b>Lunch:</b> Crispitoes, Lettuce Salad, Corn, Mandarin Oranges	<b>20</b> <b>Breakfast:</b> Biscuits & Gravy, Fruit, Juice <b>Lunch:</b> Cheeseburger, French Fries, Salad, Oranges, Cookie	<b>21</b> <b>Breakfast:</b> Cereal or Oatmeal, Donut, Fruit, Juice <b>Lunch:</b> Chili, Carrot/Celery Sticks, Bread & Butter, Banana, Cinnamon Roll	<b>22</b> <b>Breakfast:</b> Breakfast Sandwich, Fruit, Juice <b>Lunch:</b> Shrimp Poppers, Mac & Cheese, Coleslaw, Pineapple
<b>25</b> <b>Breakfast:</b> Cereal or Oatmeal, Toast, Fruit, Juice <b>Lunch:</b> Bacon Cheeseburger, French Fries, Salad, Oranges, Cookie	<b>26</b> <b>Breakfast:</b> French Toast, Smokies, Fruit, Juice <b>Lunch:</b> Super Nachos, Lettuce/Cheese/Tomato, Refried Beans, Guacamole, Pears	<b>27</b> <b>Breakfast:</b> Biscuits & Gravy, Fruit, Juice <b>Lunch:</b> Chicken Nuggets, Mashed Potatoes w/gravy, Corn, Applesauce	<b>28</b> <b>Breakfast:</b> Cereal or Oatmeal, Cini Minis, Fruit, Juice <b>Lunch:</b> Spaghetti & Meatballs, Green Beans, Garlic Bread, Peaches, Cottage Cheese	<b>29</b> <b>Breakfast:</b> Breakfast Pizza, Fruit, Juice <b>Lunch:</b> Fish Sandwich w/Cheese, Pickle Spears, Salad, Apple

**Iowa Non-Discrimination Statement:**

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St. Des Moines, IA 50319-1004; phone #515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."