

**Eagle Grove High School  
Breakfast & Lunch Menu - April 2019**

Salad Bar and Chef Salads offered daily for grades 5-12. Milk served daily for Breakfast and Lunch  
TK-4 Lunch \$2.55 Breakfast \$1.50  
5-12 Lunch \$2.70 Breakfast \$1.50

**Menu Subject to Change**

The school district uses a computerized DEBIT SYSTEM, *meals must be paid in advance*. Please make regular deposits to your family account. Online payments are available through the Eagle Grove Schools website at eagle-grove.k12.ia.us. Click on the Infinite Campus tab; then parent portal. You will need to enter a username and password. If you need help with access to the parent portal, please contact any of our school offices.

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

<p><b>1</b> <b>Breakfast:</b> Cereal or Oatmeal, Bagel, Fruit, Juice <b>Lunch:</b> Cheeseburger, French Fries, Salad, Orange Wedges, Cookie</p>	<p><b>2</b> <b>Breakfast:</b> Pancakes, Sausage Links, Fruit, Juice <b>Lunch:</b> Crispitos, Corn, Refried Beans, Pears</p>	<p><b>3</b> <b>Breakfast:</b> Biscuits &amp; Gravy, Fruit, Juice <b>Lunch:</b> Hot Dog or Cheddar Dog on WG Bun, Baked Beans, Chips, Apple</p>	<p><b>4</b> <b>Breakfast:</b> Cereal or Oatmeal, Muffin, Fruit, Juice <b>Lunch:</b> Chicken Sandwich, Potato Salad, Peaches, Cottage Cheese</p>	<p><b>5</b> <b>Breakfast:</b> Breakfast Sandwich, Fruit, Juice <b>Lunch:</b> Cheese Pizza, Carrot/Celery Sticks, Pears, Juice, Chocolate Chip Cookie</p>
<p><b>8</b> <b>Breakfast:</b> Cereal or Oatmeal, Toast, Fruit, Juice <b>Lunch:</b> Corn Dog, Cheesy Green Beans, Orange Slices, Banana Bar</p>	<p><b>9</b> <b>Breakfast:</b> Waffle Sticks, Smokies, Fruit, Juice <b>Lunch:</b> Super Nachos, Lettuce/Cheese/Tomato, Refried Beans, Guacamole, Cantaloupe</p>	<p><b>10</b> <b>Breakfast:</b> Biscuits &amp; Gravy, Fruit, Juice <b>Lunch:</b> Ham &amp; Turkey Wrap, Coleslaw, Carrot/Celery Sticks, Pineapple</p>	<p><b>11</b> <b>Breakfast:</b> Ham &amp; Cheese Omelet, Hashbrown Patty, Fruit, Juice <b>Lunch:</b> Mr. Ribb Sandwich, Chips, Broccoli w/ Cheese, Applesauce</p>	<p><b>12</b> <b>Breakfast:</b> Breakfast Pizza, Fruit, Juice <b>Lunch:</b> Fish Sticks, Mac &amp; Cheese, Peas, Peaches, Cottage Cheese</p>
<p><b>15</b> <b>Breakfast:</b> Cereal or Oatmeal, Toast, Yogurt, Fruit, Juice <b>Lunch:</b> Tenderloin, Candied Carrots, Salad, Apple</p>	<p><b>16</b> <b>Breakfast:</b> French Toast Sticks, Sausage Links, Fruit, Juice <b>Lunch:</b> Walking Taco, Lettuce/Cheese/Tomato, Guacamole, Refried Beans, Strawberries</p>	<p><b>17</b> <b>Breakfast:</b> Biscuits &amp; Gravy, Fruit, Juice <b>Lunch:</b> Mandarin Orange Chicken, Stir Fry Veggies, Rice, Tropical Fruit, Fortune Cookie</p>	<p><b>18</b> <b>Breakfast:</b> Cereal or Oatmeal, Muffin, Fruit, Juice <b>Lunch:</b> Chicken Nuggets, Mashed Potatoes, Green Beans w/cheese, Peaches, Cottage Cheese</p>	<p><b>19</b>  <b>NO SCHOOL</b></p>
<p><b>22</b>  <b>NO SCHOOL</b></p>	<p><b>23</b> <b>Breakfast:</b> Pancakes/Sausage on a stick, Hashbrown Patty, Fruit, Juice <b>Lunch:</b> Softshell Tacos, Lettuce/Cheese/Tomato, Guacamole, Refried Beans, Churros, Strawberries</p>	<p><b>24</b> <b>Breakfast:</b> Biscuits &amp; Gravy, Fruit, Juice <b>Lunch:</b> Baked Potato Bar, Ham, Broccoli, Mandarin Oranges</p>	<p><b>25</b> <b>Breakfast:</b> Cereal or Oatmeal, Donut, Fruit, Juice <b>Lunch:</b> Chicken Patty on WG Bun, Hashbrown Patty, Banana, Vanilla Pudding</p>	<p><b>26</b> <b>Breakfast:</b> Breakfast Pizza, Fruit, Juice <b>Lunch:</b> Grilled Cheese Sandwich, Tomato or Chicken Noodle Soup, Carrot/Celery Sticks, Apple</p>
<p><b>29</b> <b>Breakfast:</b> Cereal or Oatmeal, English Muffin, Fruit, Juice <b>Lunch:</b> Pizza, Lettuce Salad, Corn, Pears, Cookie</p>	<p><b>30</b> <b>Breakfast:</b> Sausage &amp; Cheese Omelet, Toast, Fruit, Juice <b>Lunch:</b> Super Nachos, Lettuce/Cheese/Tomato, Refried Beans, Guacamole, Watermelon</p>		<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>This institution is an equal opportunity provider and employer.</p> </div>	

**Iowa Non-Discrimination Statement:**

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St. Des Moines, IA 50319-1004; phone #515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."